|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| Monday | Tuesday | Wednesday | Thursday | Friday |
|  |  | 1 | 2 | 3 |
|  |  | BBQ Chicken Drumstick    *Dinner Roll\*\**  *\*Roasted Potatoes*  Salad Bar/Fruit Bar/Milk | Macaroni & Cheese\*\*  *\*California Medley*  Salad Bar/Fruit Bar/Milk |  |
| 6 | 7 | 8 | 9 | 10 |
| Lasagna\*\* W/ Dinner Roll\*\*  *\*Sliced Carrots*  Salad Bar/Fruit Bar/Milk | Cheeseburger on a Bun\*\*    *\*Corn*  Salad Bar/Fruit Bar/Milk | Mini Blueberry Pancakes\*\* W/Sausage & Syrup  *\*Pears*  Salad Bar/Fruit Bar/Milk | Chicken Nuggets\*\*  *\*Baked Beans*  Salad Bar/Fruit Bar/Milk |  |
| 13 | 14 | 15 | 16 | 17 |
| Chicken Rings\*\*  *\*Baked Beans*  Salad Bar/Fruit Bar/Milk | French Toast Sticks\*\*  W/ Sausage & Blueberry Muffin\*\*  *\*Fruit Cocktail*  Salad Bar/Fruit Bar/Milk | Ravioli\*\* & Dinner Roll\*\*  *\*Green Beans*  Salad Bar/Fruit Bar/Milk | BBQ Chicken Drumstick  *W/Biscuit\*\**  *Yogurt*  *\*Pears*  Salad Bar/Fruit Bar/Milk |  |
| 20 | 21 | 22 | 23 | 24 |
| Mini Corn Dogs (Chicken)  *\*Baked Beans*  Salad Bar/Fruit Bar/Milk | Hot Dog on a Bun\*\*  *\*Corn*  Salad Bar/Fruit Bar/Milk | Turkey & Gravy  *Biscuit\*\**  *\*Mashed Potatoes*  Salad Bar/Fruit Bar/Milk | Waffles\*\* & Sausage  *\*Mandarin Oranges*  Salad Bar/Fruit Bar/Milk |  |
| 27 | 28 | 29 | 30 | 31 |
| Cheese Pizza \*\*  *\*Corn*  Salad Bar/Fruit Bar/Milk | Turkey & Swiss  on a Bun\*\*  *\*Peaches*  Salad Bar/Fruit Bar/Milk | Macaroni & Cheese\*\*  *\*Broccoli*  Salad Bar/Fruit Bar/Milk | Hamburger on a Bun\*\*  *\*Baked Beans*  Salad Bar/Fruit Bar/Milk |  |

[](http://www.google.com/imgres?imgurl=http://www.educationworld.com/a_admin/newsletter/clipart/images/clip_octoberB_L.jpg&imgrefurl=http://www.educationworld.com/a_admin/newsletter/clipart/clipart1006.shtml&h=207&w=274&tbnid=MCWopj1g8oNWYM:&zoom=1&docid=klGNmMrvBLnQnM&ei=DDscVOTQFpLisATvwIHgBQ&tbm=isch&ved=0CDEQMygHMAc&iact=rc&uact=3&dur=59&page=2&start=4&ndsp=11)

Salad Bar Consists of: Lettuce, Broccoli, Carrots, Celery, Cucumbers, Tomatoes and an Assortment of Condiments

Fruit Bar Consists of: Apples, Oranges, & Bananas (When Available)

Milk, Choice of: Low-Fat (1% or less) Unflavored or Skim/Fat-Free Flavored

[](http://www.google.com/imgres?imgurl=http://images.clipartpanda.com/month-clipart-october.png&imgrefurl=http://www.clipartpanda.com/categories/month-20clipart&h=296&w=597&tbnid=-U5RvJFQbI5ULM:&zoom=1&docid=gI5hwXF23KFNmM&ei=DDscVOTQFpLisATvwIHgBQ&tbm=isch&ved=0CFIQMygeMB4&iact=rc&uact=3&dur=2679&page=4&start=29&ndsp=13)

2014

K-8 Menu

Breakfast May Consists of: Cereal, Breakfast Bar, Fruit/Juice and Milk

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**Free and Reduced Applications are available at all schools**

\*\* Whole Grain

Menu Subject to Change